

Date: 29th April 2024

Position: Inclusive Sports Coach – Football, Futsal, Multi-sports – Daytime, Weekdays

**Location:** Grovehill Adventure Playground, Hemel Hempstead Herts & Hertfordshire Sports Village and other venues across Hertfordshire.

**Commitment:** usually 1 hour and 2 hour sessions but could lead to more hours as the organisation grows.

**About:** Inclusive United Community Interest Company is a non-profit organisation providing enriching experiences for young adults with learning disabilities during the daytime, weekdays.

Our main goal is to create more inclusive sport opportunities for underrepresented groups.

We provide a safe, fun space every Monday and Tuesday morning for young adults with mild to moderate learning disabilities to meet friends, stay health and fit and take part in a blend of inclusive football, multi-sports and indoor games such as table tennis and snooker. We have use of the indoor space and the astro outdoors.

We also provide futsal sessions for young adults with learning disabilities at Hertfordshire Sports Village and we are increasing our offerings across Herts over the next few months.

Recently we have also added Wellbeing sessions which are Pilates and Yoga inspired classes for young adults with learning disabilities.

**Role overview:** As an Inclusive Sports Coach, you will play a vital role in ensuring the smooth delivery of our sports and social sessions. Your enthusiasm, eagerness to learn and friendly demeanour will contribute to creating a positive and inclusive atmosphere for our participants.

The primary role is working as part of a team of FA qualified coaches, mostly female coaches, to run fun, inclusive sessions adapted to the needs of the individuals who attend.

## **Key Responsibilities:**

- **Coach:** Work alongside our dedicated coach staff to support the delivery of the inclusive sports and social sessions.
- **Participant Engagement:** Engage with young adults with learning disabilities, ensuring a welcoming and inclusive experience during both indoor and outdoor activities.
- Activity Support: Assist with a variety of activities, including football, pool, table tennis, and other multi-sports and games promoting active participation and enjoyment in a safe environment.
- **Supportive Presence:** Be an approachable and positive presence, fostering a sense of belonging for all participants.

## **Requirements:**

- Minimum FA Introduction to Football or coaching qualification required.
- Willing to undertake relevant training in disability sport provided by Inclusive United and relevant FA /coaching courses.
- Enthusiastic and positive attitude.
- Eagerness to learn and adapt in a dynamic environment.
- Approachable and friendly.
- Ability to engage and communicate effectively with individuals with learning disabilities.

## Benefits:

- Opportunity to make a meaningful impact in the lives of young adults with learning disabilities.
- Gain experience within inclusive sports.
- Be part of a supportive and vibrant community.
- May lead to more regular work depending on funding.

## How to apply:

If you are excited about creating inclusive and empowering experiences through sport, we would love to hear from you. Please contact Martina Hardy, Director of People at Inclusive United to discuss further. <u>contact@inclusiveunited.co.uk</u>

A full DBS check and references will be required. Safeguarding and first aid courses must be in place before work begins.

More information:

www.inclusiveunited.co.uk

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