



On your side

IMPACT REPORT

Inclusive United Community Interest Company Year 3 Impact

1st September 2025 to 31st August 2026

25/26

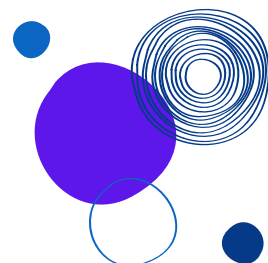


www.inclusiveunited.co.uk



Year 3: 1st September 2025 to 31st August 2026

Inclusive United Community Interest Company
A Community Interest Company registered in England.
Registration No. 14962587





THANK YOU!

*Thank you
to everyone who
supports
Inclusive United CIC
It means a lot.*

Parents
Carers
Support Workers
Group Leaders
Managers
Venues
Partners
Suppliers

Thank you for all
your support!

Participants

Thank you for
taking part in our
sessions - you are
all fantastic!



OUR SPONSORS



THANK YOU!

FIND OUT ABOUT SPONSOR OPPORTUNITIES FOR 2026/27

Our 2025/2026 Funders

Thank you



With thanks also to our mentors, advisors and network:





On your side

IMPACT

YEAR 3



**Total Number of
inclusive sport
sessions delivered**

307

**Number of wellbeing
sessions in Hemel &
Luton**

41

**Number of
Employability
sessions**

26

**Total number of coaches
trained in inclusive
coaching**

42

**3,700+
Attendances!**

Friendships
Wellbeing
Pathways
Independence
Confidence

**£390,000
Social Value**

Estimated
Social value is the
wider benefit
created for people
and communities
beyond financial
returns, including
improved
wellbeing, health,
skills, and social
connections.

130

**Participants
per week
on average**

**Number of school
sessions, Herts**

94

**Total number of
inclusive sport
sessions delivered in
Hertfordshire**

263

**Total number of
inclusive sport
sessions delivered in
Bedfordshire**

46

**Disability Sport
Awareness training
for**

110 individuals



On your side

HIGHLIGHTS

INCLUSIVE SESSIONS & PROGRAMMES

25/26

A busy and exciting year, with a significant increase in the number of inclusive sport and employability opportunities. We have also expanded our work into a new county, reaching more communities and creating opportunities for even more participants to get involved. As a result, our participant numbers have continued to grow, reflecting the increasing demand for accessible, inclusive sport opportunities.



The Inclusive United CIC Inclusive Pathways to Potential Programme



Thanks to the **National Lottery Community Fund**, we launched our **Pathways to Potential employability programme**, supporting young adults 16+ with learning disabilities, neurodiversity, SEN and additional needs to build confidence, develop leadership and transferable skills, and explore pathways into volunteering and employment within sport.



Through weekly active sport sessions, participants have opportunities to **develop teamwork and leadership skills, gain practical experience** and are supported to **gain accredited qualifications** and work experience.

This programme continues until December 2026 with plans to continue.

Schools: Inclusive PE, Special Events & Inclusive Sports Days



Delivering **weekly PE lessons in a SEN school**, providing regular opportunities for students to participate in inclusive and adapted physical activity in a supportive environment. Also attending and supporting **sports events in SEN schools** across Herts, helping to create exciting opportunities for students to take part, compete and celebrate their achievements.

Continuing to develop special events and programmes that support participation, confidence, teamwork and wellbeing, while ensuring that more young people with additional needs have access to inclusive sport and positive experiences.



On your side

HIGHLIGHTS

INCLUSIVE SESSIONS & PROGRAMMES

www.inclusiveunited.co.uk

25/26

Inclusive Sport in Hertfordshire

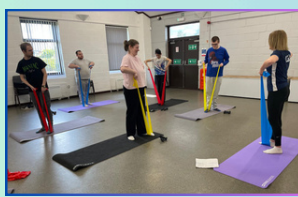
We continue to deliver a growing range of **weekly inclusive football, futsal, multisport and wellbeing** sessions for children and young adults across Hertfordshire.

Alongside our regular programmes, we have **expanded our outreach**, connecting with local groups and community organisations to create more opportunities to get active, build confidence and connect with others.

*Creating more inclusive opportunities through **local outreach** and **community connections**.*



📍 Including:
**Hemel Hempstead,
Hatfield, Watford,
Ware, St Albans**



Inclusive Sport in Bedfordshire

With support from **BeActive** and **Luton Borough Council**, we **expanded into Bedfordshire** this year, launching an inclusive multisport programme for young adults.

Funding from **BLCF** enabled us to add a new programme to include regular wellbeing sessions, outreach and group work.

The programme has had a positive impact, with participants progressing, **gaining confidence and developing leadership skills**.

Our work was also recognised through a feature on **ITV News Anglia**.



Inclusive Sports Event

We partnered with **Watford FC CSE Trust** in June to deliver an Inclusive Sports Day at the Watford Dome, running a carousel of different, fun activities for all to take part in and enjoy.



COMMUNITY SPORTS & EDUCATION TRUST
REGISTERED CHARITY NO: 1102239



The event welcomed 40 participants - it was a fantastic experience for all involved!



Participants enjoying the Media Suite with Harry Hornet!

No Limits
2026



On your side

HIGHLIGHTS

NEW PARTNERSHIP!

25/26



This year, we were delighted to launch a new partnership with **McDonald's Fun Football** and **Access Sport**, to offer free, inclusive football sessions to children aged 5–11.

To celebrate the partnership, we featured in a joint promotional film with Man City and **Lioness legend, Beth Mead**, helping to highlight the importance of creating accessible opportunities for every child to enjoy football.

Thank you to all involved in this partnership.

Launching the McDonalds Fun Football sessions across Hertfordshire!

In August 2026, we kicked off delivery of the **Inclusive Fun Football sessions for children aged 5–11** in St Albans and Hemel Hempstead.

The sessions provide a **fun, welcoming environment** where children can develop their football skills through engaging games and activities, build confidence and, most importantly, enjoy playing football.

These sessions are **continuing from September 2026**.





On your side

HIGHLIGHTS

EDUCATION & TRAINING

This year, we have expanded our reach across education and training, delivering consultancy, workshops, staff training days and inclusion advisory support.

Drawing on the team's extensive knowledge, experience and lived experience, we work alongside clubs, national governing bodies and organisations to build confidence, break down barriers and develop inclusive practice.

25/26



Inclusive Coach Education

The team shared their knowledge and experience through an **interactive and engaging inclusive coaching workshop** as part of Herts Sports Partnership's Coach Education Week 2026.



The workshop brought together coaches from a range of different sports, providing an opportunity to share ideas, **explore inclusive coaching approaches and develop practical strategies** to support all participants.

We also delivered an inclusive coaching workshop to Watford FC CSE Trust BTEC Students.



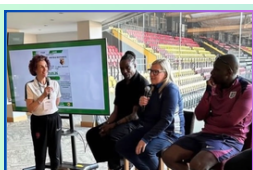
Inclusive Coaching workshop for sports degree students
March 2026

Staff Inclusion training for Watford FC Community Sport & Education Trust



With a No Limits 2026 theme, our team delivered an **inclusive sport staff training session** to the staff at Watford FC CSE Trust. The session was packed with interactive carousel activities exploring hearing impairment, visual impairment, SEND discussions, inclusive coaching challenges and team building.

Huge thank you to the staff for their engagement, enthusiasm and commitment to inclusive practice.



FA EDI Panels

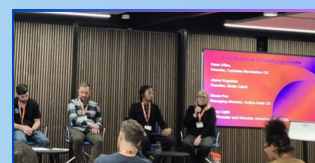
Panels and Speaking



Primary School
Conference 2026 Panel



Hoovefest Panel



Unltd Panel
Movement for
Change



Inclusive Sport
Schools event
Oaklands College



On your side

HIGHLIGHTS

RAISING AWARENESS

25/26

This year has seen the Inclusive United team share our work and experiences across media, events, panels and community settings, helping to raise awareness and champion inclusion.



ITV News Anglia

We were delighted to feature as part of the **lead story on ITV News Anglia**, alongside BeActive and Sport England. Filmed during one of our inclusive sport sessions in Luton, the feature showcased the impact that **accessible, community-led sport** can have in breaking down barriers and helping people get active.

Ambassador Spotlight film

As a No Limits Ambassador, Co-Founder and the **inspiration behind Inclusive United**, Thomas had his journey and role as a coach with us **captured in a short film**, sharing his inspiring progression and the impact of inclusive sport.



No Limits
2026

Events and Networking



The team continues to build connections with local community organisations, **attending events and showcasing our work** across Hertfordshire and Bedfordshire.

Speakers and panel **David Clarke OBE - CEO Paralympics**

Stand at **Herts County Show 2026**

Andrew Lewin MP visit

Inclusive United were delighted to welcome **local MP Andrew Lewin** to our popular Futsal Friday session. Andrew spent time with us to **see our inclusive sport session in action and meet our participants**.

A huge thank you to Andrew for taking the time to visit us!





AWARDS & RECOGNITIONS

25/26



Winners of the
Lord Lieutenant of
Hertfordshire's Entrepreneurs
Challenge at the
Herts County Show
May 2026



Tracy Light, Co Founder & Director
Herts FA Disability Coach of the Year
2026



Winner - UK Sports Clubs
Business of the Year 2026
Global 100

**Breaking
Barriers Award**

Sponsored by



Finalist
Barclays
Entrepreneurs Awards
2026



Finalist - Tracy
UK Best
Businesswoman



Finalist - UK Small Business
Awards 2026
Best Community Contribution
category

SME | Southern Enterprise
news Awards

Winner - Inclusive Sport CIC
of the Year
Southern Enterprise Awards



Finalist
Thomas Light Co Founder
Leaders Award 2026



Nominated
Inclusive Coach of the
Year 2026
Thomas Light



Nominated
UK Social Enterprise
Awards 2026





On your side

IMPACT

25/26

"It has been a life changer for us that J gets out and continues to never want to miss a session"
-Parent

Impact goes far beyond participation!
Everyone involved builds confidence, develops transferable skills and creates social connections through meaningful opportunities for all.

Thomas - Co-Founder and the inspiration behind Inclusive United

Thomas has shown what is possible through inclusive sport, after experiencing first hand the lack of meaningful daytime opportunities available to him.

Starting his journey as an apprentice coach, Thomas has since flourished in his role. Week by week, he **built his confidence** and coaching skills and now leads sessions with minimal support.

A **fantastic role model**, Thomas is friendly, supportive and encouraging to everyone around him. He takes the time to **understand the participants needs and adapts sessions** where necessary. His journey is a powerful example of how inclusive sport can build confidence and create meaningful opportunities.

Thomas has also inspired other participants to step forward, with several expressing an interest in coaching and to get involved to support inclusive sport sessions.



Transferable skills

Participant C regularly attends our Pathways to Potential programme, and has **developed leadership, confidence and teamwork skills that are naturally transferred.**

C now supports coaches by leading warm-ups, planning games and encouraging participants, showing how the skills and confidence developed through the programme can be **applied during and outside of sessions.**



"This session is the favourite part of my week"
-Participant



"It is having a significant positive impact on these young people's lives"
-Support Worker

Wellbeing sessions

Participant E has made significant progress in both **concentration and confidence.** He memorises and independently anticipates much of the class routine. Although E predominantly communicates without words, his confidence has also grown, and he now takes time to process questions before confidently responding to coaches and peers.





On your side

OUR TEAM, THANK YOU!

25/26



A Welcoming and Supportive Team

We are incredibly grateful for our fantastic team of coaches and support, whose dedication and commitment make such a positive difference.

Our ethos is to create a welcoming, friendly, and supportive safe space where everyone feels valued, included and empowered to work, learn and develop.

We are fortunate to have such a brilliant and inclusive coaching team, committed to supporting individuals to reach their potential and ensuring that everyone feels they belong.

COACH & PEOPLE DEVELOPMENT

We are committed to **providing on-going coach development and people development**. This year we have supported our Founders, Directors, Coaches, Participants, Volunteers and Support to develop in line with their aspirations.

As well as regular training for safeguarding, first aid, and **specific training relating to inclusive sport**, the following has also been completed:

Head Coach & Director: completed **FA UEFA B**
Inclusive Coach: completed **FA UEFA C**

All coaches: **Access Sport Inclusive Sport Training**

On-going support & training

Some participants have been supported to **complete the first step on their coaching journey** and their first qualification.

Director: Completed one year in the **Women In Football small business programme**.

We also **provided an opportunity for two work experience students** and **supported them to complete their first qualification** in coaching.



Our Directors, Coaches & Volunteers

Thank you ALL - we appreciate you

Thomas - Co Founder, Coach & our inspiration to start

Inclusive United CIC

Co Founders

Martina, Hannah, Tracy, Nick, Hayley

Coaches & Support

Lily, Sarah C, Max, Jack, Emiley, Karen, Sarah M, Kieran



Women In Football Small Business Programme



**3 Directors are
No Limits Campaign 2026
Ambassadors**

Thank you Hertfordshire University Enterprise Incubator Programme

Support & office space

**Media & marketing
students Thank you!**

**University of
Hertfordshire UH**



On your side

CREATING IMPACT TOGETHER



LOOKING
AHEAD
TO
2026/27



OUR MISSION

To deliver inclusive sport and wellbeing opportunities for individuals with learning disabilities, neurodiversity, SEN, and additional needs.

Improving health, wellbeing and fitness, building confidence, and developing employability skills.

As a Community Interest Company committed to inclusive sport, our mission is to **create safe spaces** where **every individual is seen, valued, and supported.**

SUPPORT US



Thank you to everyone who supports Inclusive United CIC. As a community interest company and non profit organisation, we are reliant on **funding, donations, sponsorship and support** to be able to continue to grow and provide more inclusive sport opportunities to underrepresented communities.



easyfundraising

Please do get in touch for a chat:
contact@inclusiveunited.co.uk



<https://www.easyfundraising.org.uk/causes/inclusive-united/>

<https://www.thegrassrootssportlottery.co.uk/support/inclusive-united-cic>

INCLUSIVE SPORT



- Football and Futsal
- SEN school delivery
- Multi-sports and Team Games
- Wellbeing (Pilates & Yoga Inspired)
- Employability programmes
- Groups and Bespoke sessions
- Inclusive Sport Events
- Consultancy
- Inclusion training & workshops
- + MORE SPORTS COMING SOON....

FOLLOW US >>>

@INCLUSIVEUNITEDCIC



SPEAKING & PANELS

CORPORATE WORK

PARTNERSHIPS

COACH TRAINING

EVENTS

GROUPS

www.inclusiveunited.co.uk <<<<



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CORPORATE PARTNERSHIP & SPONSORSHIP

We work with organisations who **share our mission** to create more meaningful, inclusive opportunities through sport.

There are many ways to join us including, **corporate partnership, sponsorship, volunteering, fundraising, inclusion training or a joint projects.**

Working together to make a difference.

**LOOKING
AHEAD
2026/27**



SPONSORSHIP PACKAGES



Our sponsorship packages offer businesses the opportunity to support specific programmes, events or areas of our work. Packages can be **tailored to suit your organisation**, with opportunities to showcase your support while helping us continue to our provision.

Our partners and sponsors are **highly visible** across our campaigns and social media.

PARTNERSHIPS

Partner with us to work together, connect and make a lasting impact for underrepresented communities.

CORPORATE PARTNER

Become a Corporate Partner and directly **help us make a difference** through inclusive sport. Your investment helps us plan ahead, scale our programmes. **Creating Impact Together.**

FUNDRAISING

Choose Inclusive United CIC as your charity partner, organise a workplace challenge or get your team involved in fundraising for us. **Every contribution helps** us reach more individuals and change lives.

ADVOCATE AND COLLABORATE

Connect with us to **raise awareness**, share our mission across your networks, and co-create initiatives that **drive inclusion.**



COLLABORATIONS

FUNDRAISING

PARTNERSHIPS

INCLUSION TRAINING

MEDIA CAMPAIGNS

VOLUNTEERING

JOIN US



contact@inclusiveunited.co.uk

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